



NEW YORK MEDICAL COLLEGE

School of Medicine

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| TITLE: Duty Hours for Third and Fourth Year Clerkships | | |
| EFFECTIVE DATE: 11/03/2014 | REVIEWED DATE: 11/03/2014 | REVISED DATE: 2/12/15 |

I. POLICY

It is the policy of New York Medical College School of Medicine that all medical student clinical programs will be bound by duty hour guidelines that resemble the Accreditation Council for Graduate Medical Education (ACGME) and New York State duty hour guidelines.

In general, duty hour guidelines for clinical students will be assigned according to the following parameters:

- Students must not work longer than 80 hours per week, inclusive of in-house call activities
- The maximum duty period length is 24 consecutive hours
- Students may have up to 3 hours for transition of care after the end of a duty period
- Students must have at least 8, preferably 10 hours free of duty after 16 hours of duty
- Students must have at least 14 hours free of duty after 24 hours of duty
- Students must have at least one continuous 24 hour period per week free of all responsibilities
- Students must have in-house call no more frequently than every-third-night
- Student should not exceed 6 consecutive night duty sessions

II. PURPOSE

The goal of achieving compliance with duty hours is to provide the student with adequate time for rest and personal activities, and to maximize the clinical learning environment experience.

III. SCOPE

- Clerkship Directors & Coordinators
- Site Directors
- Student Affairs
- Medical Students
- Teaching Faculty at all Clinical Sites



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IV. DEFINITIONS

- Duty hours while on clinical rotations are defined as the time a student spends in a clinical setting involved in direct patient care activities, required educational sessions, or administrative activities related to the rotation. Activities that occur during duty hours represent those that can only be done in the clinical workplace. For instance, duty hours do not include independent-study and preparation time that occurs in, or outside the clinical workplace.

V. POLICY AUTHOR(S)

- Office of Undergraduate Medical Education

VI. RELATED POLICIES:

- N/A

VII. PROCEDURE(S)

- Clerkship directors are responsible for ensuring duty hour policy is being followed at all of their clinical sites.

VIII. REFERENCES

1. Accreditation Council for Graduate Medical Education “Common Program Requirements”, July 1, 2011. Access online at:
[https://www.acgme.org/acgmeweb/Portals/0/PDFs/Common_Program_Requirements_07012011\[2\].pdf](https://www.acgme.org/acgmeweb/Portals/0/PDFs/Common_Program_Requirements_07012011[2].pdf)
2. New York State Rules & Regulations Title 10, Feb 25, 1998. Accessed online at:
http://www.health.ny.gov/professionals/doctors/graduate_medical_education/other_related_information/405_4.htm
3. LCME Standard: 8.8 Monitoring Student Workload: The medical school faculty committee responsible for the medical curriculum and the program’s administration and leadership ensure the development and implementation of effective policies and procedures regarding the amount of time medical students spend in required activities, including the total number of hours medical students are required to spend in clinical and educational activities during clerkships.



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IX. TYPE OF POLICY

- Curriculum
- Student Affairs
- Institutional Setting

X. APPROVALS

- Third and Fourth Year Curriculum Subcommittee
- Education and Curriculum Committee

XI. POLICY MANAGEMENT

- Responsible Executive: Dean of the School of Medicine
- Responsible Officer: Senior Associate Dean for Medical Education
- Responsible Office: Office of Undergraduate Medical Education

ACCEPTED AND AGREED TO:

D. Douglas Miller, M.D., C.M., M.B.A.

June 9, 2015

Date