October 2018

Dear Faculty, House staff, Students and Staff,

It is my pleasure to share with you the annual newsletter of the Department of Medicine at New York Medical College and Westchester Medical Center, flagship of the Westchester Medical Center Health Network (WMCHHealth).

The future of academic medicine holds many challenges and opportunities. The Department remains dedicated and well-positioned to advance clinical care, biomedical research and medical education in the years to come.

In the spirit of shared purpose, the enclosed newsletter reflects some of the Department’s most recent activities. I would be delighted to respond to any questions or observations you might have.

Kindly find the Department of Medicine Newsletter for 2018-2019 attached.

Sincerely,

William H. Frishman, MD, MACP
Chairman of Medicine
New York Medical College
Director of Medicine
Westchester Medical Center
Institutional Highlights

This past spring, New York Medical College celebrated its seventh year under the sponsorship of the Touro College and University System, making us a part of one of the largest healthcare training universities in the United States. Changes on campus during the past year include:

The continued evolution of the Westchester Medical Center Health Network (WMCHealth), which is thriving. WMCHealth, created in 2015, is a 1,700-bed healthcare system headquartered in Valhalla, NY, with 10 hospitals on eight campuses spanning 6,200 square miles of New York’s Hudson Valley (an area the size of Connecticut), with a patient catchment of 3 million individuals. WMCHealth employs more than 12,000 individuals and has nearly 3,000 attending physicians. Westchester Medical Center is the system’s quaternary healthcare facility; all house staff training takes place here.

The new Ambulatory Care Pavilion, adjacent to the main Westchester Medical Center building, will provide medical and surgical services when completed this academic year. In addition, a private-room extension is being added to the main clinical tower.

Long-term contracts were completed with all major healthcare insurers and WMCHealth.

The dental school is now in its third year, and a clinic has been treating patients since January 2018. It is the first new dental school formed in New York State in 50 years.

New Deans for the graduate and medical school were appointed. Marina Holz, PhD, is Dean of the Graduate School of Basic Medical Sciences, and Jerry L. Nadler, MD, MACP, FAHA, FACE, has been appointed Dean of the School of Medicine. Karen Murray, MD, has been appointed Associate Dean of Admissions at the school.

Advancing VITAL Values has been launched at Westchester Medical Center. This program promotes our VITAL Values throughout the organization. VITAL is an acronym for value; integrity; transformation and innovation; accountability; and leadership and learning.

Alan Kadish, MD, a prominent cardiovascular clinician, scientist and a former student of mine, has completed his seventh year as President of NYMC and Touro, which continues to make great strides in all of its health-education programs. Edward Halperin, MD, MA, an acclaimed radiation oncologist, scientist, teacher and historian, has completed his sixth year as Chancellor for Health Affairs and Chief Executive Officer at NYMC. He also serves as the Interim Dean of NYMC. In the past year, under their leadership, we have seen improvements in school fundraising and our educational programs. Also, I recommend taking a historical field trip with Dr. Halperin, a truly enlightening experience.

NYMC’s Class of 2022 has begun its studies, and as of July, another excellent class of more than 100 medicine interns, residents and subspecialty fellows began their house-officer training at Westchester Medical Center and other affiliated institutions. Once again, the Westchester Medical Center Internal Medicine Residency Program had a 100 percent match rate, with top candidates selecting us on their rank-order list. Many of our graduating residents elected to undertake additional subspecialty training at some of the most prestigious clinical institutions in the country, including our own programs at Westchester Medical Center.

I would like to take this opportunity to thank our graduating residents, fellows and medical students for their commitment to lifelong learning, and the great care they provided our patients in a way that can only be described as patient-centered, selfless and compassionate. We wish you well and welcome you back any time.
**New Faculty**

**Rosemarie Conigliaro, MD**, has joined the Department of Medicine as Chief of the Section of General Internal Medicine at Westchester Medical Center and as a Vice Chairperson of Medicine at NYMC. Dr. Conigliaro is a graduate of SUNY Upstate Medical University College of Medicine in Syracuse, NY, and subsequently completed her house staff training in medicine at Bronx Municipal Hospital-Einstein, where I previously worked with her. Subsequently, she has had a long and distinguished career as a clinical leader, teacher and residency program director at the University of Pittsburgh and the University of Kentucky. In her most recent position at Einstein-Montefiore Medical Center, she has served as a Professor of Medicine, Program Director of the training program in medicine, Associate Chair for Graduate Medical Education and Assistant Dean. She has received multiple teaching awards and is a member of Alpha Omega Alpha.

**Sanjeev Gupta, MBBS**, was appointed to the renal section. He completed his medical school studies at the University of Delhi, followed by a residency in medicine at Montefiore New Rochelle Hospital and a renal fellowship at Westchester Medical Center.

**Faisal Jamal, MD**, has recently been appointed to the nephrology section. He completed his medical school studies at King Edward Medical University in Pakistan, followed by a medicine residency at Carney Hospital – Tufts University School of Medicine in Boston. He subsequently completed a nephrology fellowship at Texas Tech University, where he also served on the faculty.

**Murali Krishna, MD**, recently was appointed to the pulmonary disease and critical-care section. He also will be working in the eICU telehealth unit. He completed his medical school studies at Madras Medical College in India, followed by a medicine residency at the University of Texas Medical Branch, Galveston. He subsequently completed a pulmonary and critical-care fellowship at Einstein-Montefiore.

**Brooke Nevins, MD**, recently was appointed to the general internal-medicine section. He completed college at Harvard and his medical-school studies at the University of Pennsylvania. This was followed by a medicine residency at Lenox Hill Hospital. Dr. Nevins has been in private practice for many years and has participated in more than 50 clinical drug trials.

**Rocco Richards, MD**, has recently been appointed to the infectious disease section. He completed his medical school studies at Saint George’s University. This was followed by a medicine residency at Roger Williams Medical Center in Rhode Island and an infectious-disease fellowship at Memorial Sloan Kettering.

**Avi Levine, MD**, recently joined the Heart Failure subsection of Cardiology. He completed his medical school studies at Harvard, followed by a residency in internal medicine, a cardiology fellowship and an advanced heart failure and transplant fellowship, all at Mount Sinai.
Srihari Naidu, MD, FACC, FSCAI, has been appointed Director of the Hypertrophic Cardiomyopathy Program and Director of the Cardiac Catheterization Laboratory at Westchester Medical Center. Dr. Naidu completed his undergraduate and medical school studies at Brown. He completed an internal-medicine residency at New York Presbyterian-Cornell, followed by cardiology and interventional cardiology fellowships at the University of Pennsylvania. For the last 11 years, he has worked at Winthrop Hospital as an interventional cardiologist and as a faculty member of the SUNY Stony Brook School of Medicine, where he was an Associate Professor of Medicine. Dr. Naidu has started an innovative program at Westchester Medical Center for the diagnosis and treatment of hypertrophic cardiomyopathy, and it includes clinical and research collaborations with cardiothoracic surgery and cardiology. Dr. Naidu’s father was a previous Chief of Cardiac Catheterization at NYMC and Flower-Fifth Avenue Hospital in Manhattan.

William Prabhu, MD, joined WMCHealth. He completed his medical school studies at SUNY Syracuse, followed by a residency in internal medicine at the University of Vermont Medical Center, where he also served as Chief Resident. Subsequently, he completed a fellowship in cardiology, interventional cardiology, and structural heart and vascular medicine at Brown.

A. Garvey Rene, MD, FACC, FSCAI, also has joined WMCHealth. He completed his medical studies at Cornell. He then went on to complete a residency in medicine at Columbia University, followed by a cardiology fellowship and an interventional cardiology fellowship at the University of Pennsylvania.

Daniel Spevack, MD, recently was appointed Director of the Valvular Heart Disease Program at Westchester Medical Center. He completed his medical school studies at New York University, his medicine residency at Mount Sinai and his cardiology fellowship at NYU. Previously, he served as Director of Noninvasive Cardiology and Imaging at Montefiore and as a Professor of Medicine at Einstein.

Faculty promotions and Appointments

Administrative changes in the Department include the appointment of Leanne Forman, MD, as the Director of the Internal Medicine Residency Program at Westchester Medical Center. Dr. Forman continues as Associate Clinical Director of Medicine at Westchester Medical Center and as a Vice Chair of Medicine at NYMC. Dr. Forman previously served with distinction as Medical Director of the Taylor Care Center, the Medicine Clerkship, Occupational Health and the Medicine Clinic.

Hasan Ahmad, MD, has been appointed Director of the Transcatheter Valve Program at Westchester Medical Center.

Dipak Chandy, MD, and Lawrence J. DeLorenzo, MD, have been appointed acting co-directors of the Section of Pulmonary, Critical Care and Sleep Medicine.

Savneek Chugh, MD, FACP, FASN, has been appointed Director of the Nephrology Fellowship Program at Westchester Medical Center.

Marc El Khoury, MD, has been appointed Associate Director of the Infectious Disease Fellowship Program at Westchester Medical Center and Metropolitan Hospital.
Michael Fanucchi, MD, has been appointed director of the Hematology-Oncology Fellowship Program at Westchester Medical Center and serves as WMCH’s Director of Advanced Oncology and the Infusion Center.

Renee Garrick, MD, from the Department of Medicine’s Department of Nephrology, has been appointed Chief Medical Officer of WMCH.

Melissa Gennarelli, MD, has been appointed Clerkship Director for the student program in medicine at Westchester Medical Center.

Michael Goldberg, MD, has been appointed Acting Director of the Section of Endocrinology and Metabolism, and Director of the Fellowship Program at Westchester Medical Center.

Seah Lim, MD, PhD, has been appointed Acting Director of the Section of Hematology-Oncology at Westchester Medical Center and Associate Director of the Fellowship Program.

Srihari Naidu, MD, FACC, FSCAI, has been appointed Director of the Cardiac Catheterization Lab at Westchester Medical Center.

Robert Timmermans, MD, has been appointed Director of Interventional Cardiology at Westchester Medical Center.

Committees

Rosemarie Conigliaro, MD, has been appointed Chairperson for the Department’s Mortality and Morbidity Committee at Westchester Medical Center.

Randy Goldberg, MD, has been appointed Chairman of the Ethics Committee at Westchester Medical Center. He also serves as Chairman of the Department’s Quality Assurance Committee at Westchester Medical Center.

Academic Promotions

Savneek Chugh, MD, in the Section of Nephrology, was promoted to the rank of Associate Professor of Medicine.

Tanya Dutta, MD, in the Section of Cardiology, was promoted to the rank of Clinical Associate Professor of Medicine.

Oleg Epelbaum, MD, in the Section of Pulmonary and Critical Care, was promoted to the rank of Clinical Associate Professor of Medicine.

Bettina Knoll, MD, PhD, in the Section of Infectious Diseases, was promoted to the rank of Clinical Associate Professor of Medicine.

Gregg Lanier, MD, in the Section of Cardiology, was promoted to the rank of Associate Professor of Medicine.

Srihari Naidu, MD, FACC, FSCAI, in the section of Cardiology, was promoted to the rank of Professor of Medicine.

Corey Scurlock, MD, MBA, Medical Director of the eHealth Center, was promoted to the rank of Clinical Professor of Anesthesiology and Medicine.
Faculty and Staff Recognition

This year, every third-year clerkship Director in Medicine, at all of our clinical sites, was awarded a distinguished teacher and mentor citation from NYMC students at graduation. Stephen Moshman, MD, who co-directs the second-year pathophysiology course at NYMC, also was cited by the students, along with Gary Stallings, MD, MPH, the head of undergraduate clinical education at NYMC, and Dr. Frishman.

*Attending Teaching Awards 2017-2018 were given to:*

- Dipak Chandy, MD
- Ronald Cho, MD
- Savneek Chugh, MD
- Howard Cooper, MD
- Oleg Epelbaum, MD
- Randy Goldberg, MD
- Naga Kanaparthi, MD
- David Wolf, MD

*William H. Frishman, MD,* Professor and Chair of the Department of Medicine, received the Who's Who Lifetime Achievement Award in Cardiology and the 2018 Westchester County Business Journal Doctors of Distinction Lifetime Achievement Award. Dr. Frishman also gave the Alpha Omega Alpha induction speech.

*Robert Lerner, MD,* Vice Chairman of the Department of Medicine, will retire as of December 2018 after 50 years of service to NYMC and over 40 years of service to Westchester Medical Center. He had served as Chief of the Section of Hematology and Director of the Hematology-Oncology Fellowship, and was a past president of the Westchester County Medical Society.

*George Maguire, MD,* Chief of the Section of Pulmonary, Critical Care and Sleep Medicine, has retired after many years of service to Westchester Medical Center. He remains on the NYMC faculty as Professor of Medicine.

*John “Jack” McClung, MD,* Director of Noninvasive Cardiology, retired as of June 2018. An alumnus of NYMC, Jack completed his cardiology fellowship at Westchester Medical Center and then joined the hospital’s cardiology section as an attending physician. He also served as Director of the Cardiology Fellowship program, Director of the Cardiology Clinic and Chairman of the Bioethics Committee.

*Harriette Mogul, MD, MPH,* Section of Endocrinology, retired from Westchester Medical Center after years of service. She remains on the NYMC faculty.

*Tejinderpal Singh, MD,* Section of General Internal Medicine, was elected to Alpha Omega Alpha as a faculty initiate.
In Memoriam

Robert Nadelman, MD, passed away this past spring. He was a valued colleague, a former student of mine, and a world-renowned clinical scientist. Dr. Nadelman was a member of the Section of Infectious Diseases, where he served as a Director of the Fellowship Program.

Medical School Teaching

Department faculty members are involved each year in undergraduate courses of the medical school curriculum, and serve as leaders of major pre-clinical and clinical courses. We thank the Medicine faculty for its dedication and commitment to excellence in teaching, evaluation and for serving as role models. The Department also has played a major role in the implementation of major curriculum reforms in the third and fourth years of medical school. These innovations included formation of a new critical-care clerkship in the fourth year, and a substantial revision of the core medicine clerkship. An innovative integrated clerkship program has been started at Northern Westchester Hospital. It combines medicine, neurology, obstetrics and gynecology, and pediatrics. In addition, a new clinical site for clerkship training has been identified at Rome Memorial Hospital in Rome, NY. Our faculty continues to serve as mentors for an undergraduate student thesis program in medicine, which up to now has had a peer-review publication rate of close to 100 percent. As advisors to students applying in preliminary and categorical medicine residency programs, our Department prepares over 130 individualized letters of recommendation for graduating students, in addition to letters prepared for Westchester Medical Center house staff applying for advanced fellowship training.

Medical Residency

Leanne Forman, MD, is the Westchester Medical Center Internal Medicine Residency Training Program Director. Chris Nabors, MD, and Merita Shehu, MD, are Associate Program Directors. Chief Residents this year are Gabriela Andries, MD, Zahava Farkas, MD, and Michael Karass, MD. Arleen Martinez is the Internal Medicine Residency Coordinator. This program received recognition by the Residency Review Committee (RRC) as one of the original 17 training programs in the country to be chosen to participate in the Residency Educational Improvement Project (EIP). We are the only medicine training program in New York State that has participated.

As a model training program for the country, as part of the EIP, the section of General Internal Medicine and Dr. Nabors (also Director of Residency Research), supported by hospital administration, have done pioneering work in developing innovative electronic sign-out programs designed to improve house staff and attending communications, and to avoid transition-of-care errors. The Department’s administrative internship program for house officers was highlighted in the Journal of Graduate Medical Education, and the Department “Milestones” assessment project, led by Dr. Nabors, was cited in the American Journal of Medicine.
We continue to have a high pass rate for both the core internal medicine and fellowship certifying examinations. Our program was last reviewed by the Accreditation Council for Graduate Medical Education (ACGME) in 2003. The next scheduled visit is in 2021, after receiving an unprecedented 18-year approval when the maximum approval is usually up to 10 years.

Our residents recently presented their research work at our House Staff Poster Competition, held twice annually. Many of our residents have presented at regional and national meetings, including those of the American College of Physicians. In the past, other residents from the program have received national and international research awards.

All nine of the Department’s subspecialty fellowship programs continue to have full accreditation from the ACGME, and most have the maximum allowable length of approval. The fellowships are highly regarded in their respective fields and attract a large pool of well-qualified candidates in a competitive selection process. The fellowships increase the quality of education and patient care, both at Westchester Medical Center and at a number of the affiliated teaching hospitals of the NYMC consortium, including Metropolitan Hospital in Manhattan, St. Joseph’s Hospital in Paterson, NJ, and Richmond University Medical Center on Staten Island. Lincoln Hospital in the Bronx has become a participating site for fellowship programs in pulmonary/critical care and hematology/oncology. We maintain strong affiliations with our Medicine clerkship and sub-internship sites, including St. Joseph’s, Westchester Medical Center, Lenox Hill Hospital, Metropolitan Hospital, Greenwich Hospital, Calvary Hospital and Brookdale Hospital. We are growing our affiliations with the Veterans Administration Hudson Valley Healthcare System at Montrose and Keller Army Community Hospital at the U.S. Military Academy at West Point.

**Research and Publications**

The Department continues to thrive in basic science and clinical research, involving projects funded by the National Institutes of Health, other government agencies (e.g. the Centers for Disease Control and Prevention) and from industry. We are involved in over 120 funded and unfunded basic science studies and clinical trials with over $4 million in extramural funding. Many of our faculty participate in successful research collaborations with colleagues in the basic science departments at NYMC and other distinguished academic institutions. Department faculty members also serve as research mentors for fellows, residents and students. As a result of these collaborations, our trainees and faculty publish widely and present at national and international academic meetings. Many have won national research competitions. In the past year, co-authors of peer-reviewed journal articles mentored by Department faculty included 25 medical residents, 14 fellows and 12 medical students.

Regarding the new Cardiovascular Translational Science Institute, Jason Jacobson, MD and Gregg Lanier, MD, as well as Diwakar Jain, MD, of the cardiology section are co-recipients of intramural awards in collaboration with members of basic science departments in physiology and pharmacology.

As a marker of the Department's 2017-2018 research productivity, faculty authored and co-authored over 120 peer-reviewed articles, 70 abstracts and two books. We rank among the top Departments of Medicine in the state regarding number of
publications, which include articles appearing in the most prestigious journals such as The Lancet, Nature Medicine, The New England Journal of Medicine, the Journal of the American Medical Association and The American Journal of Medicine. Gary Wormser, MD, wrote the chapter on Lyme disease for the most recent edition of Cecil-Loeb’s Textbook of Medicine.

The Department also is involved in co-authoring the most recent National Hypertension Treatment Guidelines (Wilbert Aronow, MD), including the Expert Consensus Document on Hypertension in the Elderly (Drs. Aronow and Frishman) and Treatment of Hypertension in Management of Ischemic Heart Disease (Dr. Aronow), sponsored by the American Heart Association and the American College of Cardiology.

As part of our academic mission, our Department is an editorial site for the American Journal of Medicine, the official journal for the Alliance for Academic Internal Medicine, consisting of the following groups:

The Association of Professors of Medicine, which includes all the Medicine chairpersons in North America

The Association of Program Directors in Internal Medicine

The Association of Specialty Professors

The Clerkship Directors in Internal Medicine

Administrators of Internal Medicine

Medicine-Pediatrics Program Directors Association

The journal is published by Elsevier and has 130,000 readers. It ranks among the top three internal medicine journals in the Western Hemisphere, and is the official journal for symposia published by the National Institutes of Health and the CDC. The Department also co-edits Cardiology in Review, a homegrown peer-reviewed journal done in collaboration with Harvard Medical School. It has become an affiliated journal of the American Heart Association. Twelve NYMC students published their fourth-year honors theses in the journal during the last academic year. Drs. Garrick and Frishman also have been co-editors of the Yearbook of Medicine, and Delong Liu, MD, edits The Journal of Hematology and Oncology.

In October, the Cardiology Section, in conjunction with the Section of Cardiothoracic Surgery, sponsored the three-day off-campus Westchester Cardiovascular Symposium on advances in cardiovascular disease, with speakers from our faculty and faculty all over the country. The program was led by Director of Cardiology Julio A. Panza, MD, and Steven Lansman, MD, Director of Cardiothoracic Surgery. Highlights were published in Cardiology in Review.
**Accreditations**

The hospital had successful site visits this year from Det Norske Veritas, our accrediting organization, and became fully ISO-accredited (International Organization for Standardization) with additional accolades given by the reviewers to the Department of Medicine, its quality program and its staff. The medical school received an eight-year approval by the Liaison Committee on Medical Education.

In clinical practice, our Department is second to none in the region, with many of our physicians selected by Castle Connely’s “Top Doctors,” and by New York magazine and Westchester magazine in their “Best Doctors” issues. Many of our faculty serve in leadership positions of our professional societies and on the editorial boards of many scientific journals. Dr. Lerner has stepped down as President of the Westchester County Medical Society. Many Department faculty members serve in leadership positions for both Westchester Medical Center and NYMC committees.

**Clinical Practice**

We have expanded our outpatient clinical practice (WMCHealth Physicians/Advanced Physician Services), now in its sixth year, at the new clinical facility offices that include the private practices of the Sections of General Internal Medicine, Cardiology, Diabetes, Endocrine and Metabolism, Gastroenterology and Hepatobiliary, Hematology and Oncology, Rheumatology, Nephrology and the Advanced Wound Care Program. The Section of Pulmonary has its practice in Macy Pavilion. Members of the transplant-medicine programs in nephrology, infectious diseases and hepatology have their practice located in other hospital outpatient offices. Margarette Edouard, RDN, CDE, CDN, is the dietician at the practice.

Our efforts in Quality Improvement (QI) help assure patient safety and excellent clinical outcomes, and our initiatives have received national recognition. Randy Goldberg, MD, serves as the Chairman of the Department’s QI Committee. Rosemarie Conigliaro, MD, now serves as Chairman of the Morbidity and Mortality Subcommittee, which reports to the main QI Committee of the Department. Rebecca Newman, MD, serves as the QI leader of the medical clinic, which has grown substantially in patient volume. We made a highly successful presentation of our Department’s ongoing performance-improvement efforts to Westchester Medical Center’s quality council and governing medical board.

The stated vision, mission and values of the Department of Medicine at Westchester Medical Center and NYMC continue to be our guiding light as we go forward.

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<td>The Department of Medicine and its multiple subspecialties at Westchester Medical Center and NYMC are recognized regionally and nationally as the premier physician and healthcare resource that provides outside clinical care with high patient satisfaction, excellence in its education and training functions, and groundbreaking research productivity.</td>
<td>The Department provides first-rate medical care, both inpatient and outpatient, to the 3 million people of the Hudson Valley in an academic setting that is caring and compassionate while attracting the best physicians, allied health professionals and clinical scientists in the country.</td>
<td>The Department of Medicine’s policies, programs and activities are designed to advance superior patient care for the prevention and treatment of disease, while fostering innovation, dissemination of research and superior training methods.</td>
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The Department of Medicine at Westchester Medical Center and its WMCH health hospitals, as well as NYMC, continue to enjoy a strong regional and national reputation. We are indeed proud of our accomplishments, but we will never rest on our laurels or take anything for granted, especially in the current era of healthcare reform.

With our outstanding faculty, house staff, medical students and support staff, working closely together with Nursing and our basic science and clinical colleagues in other departments, we are ideally positioned for the next phase of growth in our clinical, educational and research programs, building upon our continued record of excellence.

On a personal level, I experience a true sense of wonder every day when interacting with our clinical faculty, house staff, students, nurses, other healthcare personnel, laboratory investigators and support staff. I am so proud to be associated with them. I also want to commend the efforts of the Westchester Medical Center and NYMC administrations on behalf of the Department. We also recognize our WMCH colleagues at the Bon Secours Charity Health System in Orange and Rockland counties, and at HealthAlliance in Ulster and Delaware counties, who we will recognize and celebrate in the next newsletter.

And now, in this new academic year (2018-2019), we are ready to be better than ever!

Thank you for your ongoing support of the Department’s mission, and a good year to all!
Dr. William H. Frishman is The Barbara and William Rosenthal Professor of Medicine and Chairman of the Department of Medicine, as well as Professor of Pharmacology, at New York Medical College, and Chief of Medicine at Westchester Medical Center, in Valhalla, NY. He previously served as Professor and Associate Chairman of the Department of Medicine at the Albert Einstein College of Medicine and Chief of Medicine at the Weiler-Einstein College Hospital of the Montefiore Medical Center in the Bronx.

Dr. Frishman is a clinical cardiologist, cardiovascular pharmacologist and internist. He is a graduate of the Bronx High School of Science and Boston University Six-Year Liberal Arts-Medicine Program. He completed his training in Internal Medicine at both Montefiore and Bronx Municipal Hospital Centers, and his cardiology training at New York Hospital-Cornell Medical Center.

A noted clinical investigator, Dr. Frishman has authored and co-authored over 1,200 original articles, reviews and book chapters related to cardiovascular pharmacology and clinical cardiology. He is the co-author and co-editor of the textbook Cardiovascular Pharmacotherapeutics (McGraw-Hill, 1997; 2nd edition 2003; 3rd edition 2011). He recently authored a scientific memoir, “Triumph Over Tragedy: An Odyssey of an Academic Physician” (Science International, 2016). He was co-editor for 10 years of the Year Book of Medicine and is co-editor in chief of the journal Cardiology in Review. In addition, Dr. Frishman serves as supplements editor for The American Journal of Medicine.

Dr. Frishman has served as Principal Investigator and co-Principal Investigator of multiple National Institutes of Health-funded cardiovascular drug trials, including the Women’s Health Initiative and the studies of Left Ventricular Dysfunction. He was the co-Principal Investigator of the NIH-funded Bronx Longitudinal Aging Study.

Dr. Frishman also has been recognized for his achievements as a medical educator, researcher and clinician, having received the Teaching Scholar Award of the American Heart Association, the Preventive Cardiology Academic Award of the NIH-Heart, Lung, and Blood Institute, and both the Distinguished Teacher and Humanism in Medicine Awards from the Association of American Medical Colleges. He served as a Lieutenant Colonel in the U.S. Army Medical Corps and is a recipient of the Army Commendation Medal for Meritorious Service, the Conspicuous Service Cross and the Vietnam Service Medal.