WHAT'S BEEN GOING ON IN CLINIC

Pt is in her mid-50s, and has a diagnosis of moderate nonfluent aphasia and mild apraxia of speech following a L CVA. What's so interesting is how mismatched her language modalities are. She has difficulty with auditory comprehension, where if you ask her a question or propose information to her aloud, she needs a good deal of help understanding what you've said. But if you show her the same question written down, she can understand the content perfectly. Likewise, if you expect her to respond verbally, she has a lot of difficulty and often won't say anything. But she will try to text out a message to you on her phone using single words, and those messages show a lot more content and understanding. - submitted by Stacy Ramirez '18

Feel free to submit an interesting or funny clinical story to share!

WELCOME PROFESSOR HUNSAKER!

We'd like to welcome Professor Hunsaker who has been teaching in Boston for the past 11 years. There she worked as a coordinator of a clinic of over 60 individuals with varying diagnosis including aphasia, dysarthria, apraxia, and cognitive disorders. Her focus is on adult acquired disorders and interprofessional education. Her main goal at NYMC is to develop our programming for individuals with acquired speech and language disorders and to grow our on campus aphasia group. Look out for her interprofessional simulation day in January with PT and SLPS! At home, she is new to the New York area with her two spunky kids ages 10 and 12.

UPCOMING EVENTS

Thanksgiving Drive: November: donation for non-perishable items and canned goods to help families in need during the holiday. Look for a box set up in our hallway on the second floor! More details to come!

Post Thanksgiving/Pre-Finals Potluck: Monday November 27th 12-1 PM: Look out for a sign up sheet for items to bring!

Best Buddies Friendship Walk: Saturday November 18: Event is for the non-profit that works with individuals with intellectual and developmental disabilities. The walk is at Riverside Park 10 AM. Sign up to walk with Erin McKeon '19

Adopt-a-Family December: NSSLHA collaborates with WIHD to sponsors a family and help to make their holiday special. Reach out to Nicole if you'd like to be apart of purchasing gifts or donating cash to defray costs.

DUES January: $10 NSSLHA yearly dues due when we return for the SPRING semester in January.

CHECK US OUT ON INSTAGRAM!

NYMC_NSSLHA
Our brain is a muscle that's always hungry, searching for new foods everyday. When children understand how their brain works they are able to record new information and implement it into their daily activities. Goldie Hawn, an American actress, has recently gained interest with neuroscience and psychology through her practice of mindfulness. Observing her children while performing homework, Goldie noticed that children learn through rote organization and memory. She realized that this way of learning inhibited children from using the full potential of their brains to problem solve and plan. Implementing the practice of mindfulness into early education would allow children to learn about their brain and have a better understanding and control of the things that they feel and think. In 2002 the Hawn Foundation, founded by Goldie Hawn, created a school curriculum known as MindUP. Focusing on neuroscience, mindful awareness, positive psychology and social-emotional learning, this curriculum revolves around the idea that the right tools in education will allow children to become better learners. An interesting concept within the curriculum is known as “Brain Breaks,” where three times a day the teacher pauses the lecture to engage students in breathing exercises. Imagine implementing this concept into our graduate program?! It’s important to note that children learn differently, show varying levels of engagement in topics, and benefit from different strategies to record new information. We need to take these factors into consideration when working with our clients and creating treatment objectives. If you’re interested to learn more about this curriculum head to www.mindup.org. Maybe one day you will implement “brain breaks” into your session :).

Note: The current summary is based off of “Take a Brain Break with Goldie Hawn: Goldie Hawn is on a mission to boost children’s learning through a better understanding of their own brains” (ASHA Leader, October 2017). Goldie will be presenting a keynote address regarding MindUP at the ASHA Convention on November 9, 2017
Written by Aleks ’18

Game Night: There was an incredible turn out for the first of a hopefully annual event! This allowed the 1st and 2nd year students to collaborate together to enhance our knowledge base and share clinical game activities!

Boy Scout Event: The Boy Scouts Disabilities Awareness challenge was a unique and fun opportunity to inform children about disabilities. We were able to teach those who participated in the event American Sign Language (ASL). It was a rewarding experience that I am glad I was a part of!” TaraLynn (’19)

SPECIAL Congrats to Nadia ’18 for winning the NYMC logo contest!!
Logo pictured above!

ANNOUNCEMENTS

Best Buddies Friendship Walk - November 18
Thanksgiving Can Drive - Month of November
NSSLHA Clothing Order DUE November 22

1st year and 2nd year Potluck - Monday November 27 12-1pm
Adopt-a-Family - Month of December
NSSLHA Dues January