Small group problem-based learning tutorial sessions promote the development of skills in critical thinking, group dynamics, and lifelong learning.

“Top 10 Reasons”

to Attend the Doctor of Physical Therapy Program at New York Medical College

1. A personalized education that matches clinical education, community service projects and doctoral projects to student preferences.
2. Small class sizes and excellent teacher to student ratios.
3. An innovative model of Problem-Based Learning (PBL) throughout the entire program.
4. A medical environment with faculty from the School of Medicine, School of Basic Medical Sciences, and School of Health Sciences and Practice.
5. Spacious and modern laboratories and locker rooms, and a state-of-the-art gross anatomy lab with 24/7 access for students.
6. A DPT/MPH dual degree option – one of the first and one of the few offered in the country.
7. Faculty-mentored group doctoral projects in one of three areas: clinical research, teaching and public health program development.
8. Local clinical education sites and throughout the United States.
9. An experienced financial aid office – helpful and knowledgeable about funding opportunities.
10. A beautiful, safe, suburban campus convenient to New York City, Connecticut, and New Jersey.
New York Medical College offers a three-year, full-time Doctor of Physical Therapy (DPT) degree designed to prepare competent and caring physical therapists to practice in a variety of clinical settings and evolve with changes in the healthcare system. Graduates from New York Medical College are well prepared to pass the National Physical Therapy Examination and prosper in the current healthcare environment.

The Curriculum
Classes are taught by faculty from the Department of Physical Therapy and departments in the School of Health Sciences and Practice, School of Medicine and the Graduate School of Basic Medical Sciences. Together they help our physical therapy students:

- Develop a strong foundation in basic sciences that is integrated with the clinical art of physical therapy
- Develop expertise in patient examination, diagnosis, prognosis and intervention

The curriculum is highly interactive and includes traditional lectures and laboratories, problem-based learning, and multiple clinical experiences with patients. Students study a specialized aspect of physical therapy through a faculty-mentored doctoral project in teaching, public health, or clinical research.

Focus on Problem-Based Learning
- Small group tutorial session with faculty facilitator
- Carefully designed patient cases to create a clinical context for problem-solving and critical thinking
- Interactive laboratory sessions to master hands-on clinical skills
- Specialized presentations by experts in their fields

Clinical Affiliations
Students participate in four full-time clinical affiliations, totaling more than nine months of clinical education that integrate the science and theory of physical therapy with clinical practice.

Students practice in a wide variety of health care settings locally and across the country under the guidance and supervision of experienced practicing therapists at acute care hospitals, outpatient and sports medicine clinics, rehabilitation hospitals, nursing homes, pediatric facilities including:

- Burke Rehabilitation Hospital
- Helen Hayes Hospital
- VA Hospitals
- Westchester Medical Center
- Indian Reservations
- West Point and U.S. Naval Base

Apply Online www.ptcas.org

Public Health Connection
Physical therapy students in the School of Health Sciences and Practice get a unique public health perspective. Students carry out a service-based activities and a Community Service Project. The Doctoral Project can focus on public health issues as they apply to physical therapy.

DPT/MPH Dual Degree
Students can start the Master of Public Health (MPH) program in the spring of their first year.

There are many issues that physical therapists address: adolescent obesity, early intervention, women’s health issues, workplace injury prevention, training and conditioning, preventing falls in the elderly and more. Contemporary physical therapy involves not only treating people with injuries or disease, but also promoting healthy lifestyles and work environments, and preventing and detecting problems at the earliest stages.

Students learn state-of-the-art screening techniques for risk factors and early indicators of illness, and how to design health and wellness programs.
Admissions Requirements

- Bachelor’s degree from an accredited college
- Academic record that includes a balance of coursework in the humanities, social and natural sciences with a minimum GPA of 3.0
- Graduate Record Examination (GRE)
- Personal statement and resume
- Three letters of recommendation
- Evidence of at least 50 hours of volunteer or work experience in one or more settings under the direction of a physical therapist
- TOEFL scores and educational evaluations required for international applicants

Prerequisite Courses

- One course in biology with laboratory
- Two courses in anatomy and physiology with laboratories
- Two courses of chemistry with laboratories
- Two courses in physics with laboratories
- One semester of general/introductory psychology or higher level
- Second course in psychology (higher level course preferred)
- One course in mathematics
- One course in statistics

Application

Classes begin in June and the application is available through a centralized application system (PTCAS) in the summer of the previous year at www.ptcas.org.

Accreditation

The physical therapy program is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE).

American Physical Therapy Association (APTA)

Learn more about a career in physical therapy at www.apta.org.

For More Information

Contact the Admissions Office at 914-594-4510 or email at shsp_admissions@nymc.edu if you have any questions or would like to visit the campus.

New York Medical College
School of Health Sciences and Practice
Valhalla, NY 10595
www.nymc.edu/shsp

New York Medical College
A Member of the Touro College and University System

Location

New York Medical College is located on a 54-acre suburban campus shared with Westchester Medical Center, 15 miles outside the New York City limits. The College is easily accessed by highway and is just 7 miles from the Mario Cuomo Bridge. Frequent rail and bus service is available. Directions are available from the Admissions Office and online at www.nymc.edu.

About Us

Founded in 1860, New York Medical College is among the nation’s largest private health sciences colleges. The College has a strong history of involvement in the social and environmental determinants of health and disease, and special concern for the most vulnerable members of our society.

The School of Health Sciences and Practice provides an ideal setting and expanded opportunities for education, service, and research. More than 3 million people live in our primary catchment area, which includes the scenic Hudson River valley and parts of Connecticut. This region encompasses a variety of communities and lifestyle settings ranging from inner-city urban, to suburban and exurban, to rural agricultural and forested mountains.

New York Medical College is chartered by the Regents of the State of New York and is accredited by the Middle States Commission on Higher Education. The public health program is accredited by the Council on Education for Public Health. The physical therapy program is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE). The Speech-Language Pathology program is accredited by the Council on Academic Accreditation in Speech-Language Pathology and Audiology (CAA).